

## Prayer in Times of Isolation



### A Morning Prayer:

Today as I place myself in isolation and choose to distance myself from others, may this be the good that I can do, by the means that I can, in the way that I can, in the place that I can, at the time I can, to all the people I can, as long as ever it needs to be done. Amen.

### An Evening Prayer:

Today we have sought to flatten the curve on contagion - we pray this has been so. We pray that what has grown exponentially has been love of neighbour, serenity in turbulent times, concern for the sick and infirmed, and the knowledge that you are with us in all things. Amen

