



A Prayer for Panic-buyers

God of Comfort

Some of us are freaking out
and we're turning to tangible things
like toilet paper
canned beans
and packets of baby wipes
to settle our jangled nerves
and regain a sense of control

for this virus, which steals into our cells,
is rather a lot like fear,
tricking us into believing its lies
and replicating panic –

panic that fosters division among us
shopper against shopper,
neighbour against neighbour,
when the truth is,
we're stronger together.

As Covid-19 casts its shadow across us,
redirect our gaze, O God,

away from false refuges
away from fear
and back to the light of truth:
There is enough.
We have enough.
You are enough.

May you soften our hearts towards the stockpilers
(who really are only afraid)
and release our judgement
which only serves to divide.

In these turbulent times,
may your peace enfold our world.

Amen

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